

# Health Improvement Partnership Board

6th February 2025

## Performance Report

### Background

- 1 The Health Improvement Partnership Board has agreed to have oversight of delivery of two priorities (priorities 3 and 4) within Oxfordshire's Joint Health and Wellbeing Strategy 2024-2030, and ensure appropriate action is taken by partner organisations to deliver the priorities and shared outcomes. An important part of this function is to monitor the relevant key outcomes and supporting indicators within the strategy's outcomes framework. This HIB performance report has therefore been edited to reflect the relevant measures and metrics from the outcomes framework.
  
- 2 The indicators are grouped into the overarching priorities of:
  - 3 Healthy People, Healthy places
    - 3.1 Healthy Weight
    - 3.2 Smoke Free
    - 3.3 Alcohol related harm
  
  - 4 Physical activity and Active Travel
    - 4.1 Physical Activity
    - 4.2 Active Travel
    - 4.3 Mental Wellbeing

### Current Performance

- 3 The table report below show the agreed measures under each priority, the latest performance available and trend in performance over time. A short commentary is included to give insight into what is influencing the performance reported for each indicator.  
Where data is available at sub-Oxfordshire level, this is indicated with \* for District and ‡ for MSOA level.
  
- 4 All indicators show which period the data is being reported on and whether it is new data (*refs numbers are highlighted*), or the same as that presented to the last meeting.

Of the 25 indicators reported in this paper:

8 indicators have NEW DATA (Reference Numbers are highlighted in the report)

These are: **3.12, 3.13, 3.18, 3.24, 3.31, 3.32, 4.11, 4.33**

1 indicator(s) without rag rating.

18 green indicator(s).

6 amber indicator(s).

0 red indicator(s).

New data is indicated by highlighted references number.

All metrics are reported at county level. Available at District \* and MSOA ‡ level

Targets set by local Public Health

Key  
Supporting

		Frequency	Target	Reporting Period	Value	RAG	Commentary	Trend Chart
<b>3 Healthy People, Healthy places</b>								
<b>3.1 Healthy Weight</b>								
3.11	Adults (aged 18 plus) prevalence of overweight (including obesity) *	Annual	57.0%	22/23	57.8%	G	A detailed action plan is in place to support healthy weight in Oxfordshire. With pillars of prevention, environment, support and wider strategy. A new service to support all ages came into place in September 2024. Work across the system to implement the recent health needs assessment recommendations continues, and includes improving the food environment in priority neighbourhoods through working with planning, advertising and established food businesses.	
3.12	Year 6 prevalence of overweight (including obesity) * ‡	Annual	29.7%	23/24	32.0%	A	In Oxfordshire, latest data (23/24) shows for year 6 there has been a very slight (not statistically significant) increase in excess weight over the last year though trend is fairly level. For this age group excess weight fell from 34% to (21/22) to 31% (22/23) then to 32% 23/24 Oxfordshire performs well against the England average generally, but there are some areas in Oxfordshire where children have experienced excess weight over a long period. A new all age healthy weight service launched in September with a focus on addressing inequalities associated with weight. For children, there is the option of both group sessions within the community and remote programmes to support them and their family to create healthy habits. Work to support more healthy environments continues.	
3.13	Reception prevalence of overweight (including obesity) * ‡	Annual	17.6%	23/24	19.3%	G	There has been a very small increase in Reception overweight and obesity which is similar to pre- pandemic levels in 2018/2019. Work is continuing to address this through the whole systems approach to healthy weight action plan and specific programmes such as You Move and the brand new, all age weight management service Beezee, which came into effect on 1st September 2024.	
3.14	Achievement of county wide Gold Sustainable Food Award	Annual	Gold	2023	Silver	A	<b>Application delayed until next year, 2026.</b> Working towards Gold award by continuing to develop and grow activities across all the key issues and gather evidence; showing exceptional achievement in two areas. This will involve: launching a campaign to signal our goal of achieving Gold , promoting a county-wide effort, engaging with high profile ambassadors and creating ways people can engage e.g. pledge.	Not applicable
3.15	Percentage of adults aged 16 and over meeting the '5-a-day' fruit and vegetable consumption recommendations *	Annual	45.0%	22/23	36.2%	A	There are a variety of initiatives linked to improving the healthy weight environment and to within food policy work in individual District Councils that aim to impact positively on this.	
3.16	Of those residents invited for a NHS Health check, the percentage who accept and complete the offer.	Annual	45.0%	23/24	50.9%	G	Activity by Primary Care to deliver NHS Health Checks has been consistent throughout the year and an improvement on 2022/23. Alongside this, the Supplementary NHS Health Check Service provider has been offering community health checks showing a high take up from the priority groups identified by the Council	

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Targets set by local Public Health

Key  
Supporting

		Frequency	Target	Reporting Period	Value	RAG	Commentary	Trend Chart												
3.17	Healthy Start Voucher uptake	Monthly	63.0%	Mar-24	61.0%	A	<p><b>NB: NHS have reported an issues with source data -Therefore no new update for this report.</b></p> <p>Launch of new messaging, marketing resources and campaign in May 2024 working with City/District Councils, Good Food Oxfordshire, Home Start and NHS. Based on insight from families and co-produced with local organisations working with ethnic minority groups (African Families in the UK, Sunrise Multicultural Centre). Raising uptake is more than just awareness; families need help applying, missed opportunities to get families signed up and a need for strong leadership and accountability.</p>	<p>New measure. Chart not yet available</p>												
3.18	Under 75 mortality rate from cardiovascular disease (Rate / 100k) (New name) *	Annual	57.6	2021-23	52.8	G	<p>This outcome has worsened slightly in the current reporting period (21-23) to the previous (20-22) which is a trend seen across UK and is related to wider impacts of COVID-19 pandemic. However, the Oxfordshire data remains better than regional, national and similar authority comparators. Local activity to address this outcome sits within theme specific work on tobacco control, or whole systems approach to obesity, or physical inactivity or alcohol harm. Specific updates will be provided as per HIB annual work plan</p>	<table border="1"> <caption>Under 75 mortality rate from cardiovascular disease (Rate / 100k)</caption> <thead> <tr> <th>Reporting Period</th> <th>Value</th> </tr> </thead> <tbody> <tr> <td>17/19</td> <td>~55</td> </tr> <tr> <td>18/20</td> <td>~55</td> </tr> <tr> <td>19/21</td> <td>~55</td> </tr> <tr> <td>20/22</td> <td>~55</td> </tr> <tr> <td>21/23</td> <td>52.8</td> </tr> </tbody> </table>	Reporting Period	Value	17/19	~55	18/20	~55	19/21	~55	20/22	~55	21/23	52.8
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Targets set by local Public Health

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		Frequency	Target	Reporting Period	Value	RAG	Commentary	Trend Chart
<b>3.2 Smoke Free</b>								
3.21	Smoking Prevalence in adults (18+) - current smokers *	Annual	10.8%	2023	10.3%	<b>G</b>	<p>The Oxfordshire Tobacco Control Alliance oversees work to reduce smoking prevalence in Oxfordshire. Work is within four pillars: prevention, support, environment and enforcement. The local stop smoking service (LSSS) continues to support smokers to quit, with specific focus on priority groups and . NHSE funded tobacco dependency services are in place within acute, mental health and maternity settings.</p> <p>Additional grant funding to boost smoking cessation efforts across England was received in April 2024 and is further supporting these programmes and expansion of the LSSS through a recommissioning ready for summer 2025. The new stop smoking campaign, 'It's Well Worth It' was launched on 30th September and is planned to direct residents to local stop smoking provision.</p>	
3.22	Smoking prevalence in adults in routine and manual occupations (18-64) - current smokers *	Annual	24.5%	2023	15.3%	<b>G</b>	<p>The local stop smoking service targets work with routine manual through a variety of initiatives. Including the national Swap to Stop initiative for provision of free vapes. The new stop smoking campaign, 'It's Well Worth It' was launched on 30th September and plans to appeal to a range of residents including this priority group.</p>	
3.23	Smoking prevalence in adults with a long term mental health condition (18+) - current smokers (GPPS) *	Annual	20.2%	22/23	21.1%	<b>G</b>	<p>The Tobacco Dependency Service (TDS) funded by NHSE/ICB specifically supports adult inpatients with mental health conditions to quit smoking. In addition the local stop smoking service supports individuals with low level mental health challenges. The newly commissioned Local Stop Smoking Service (LSSS) will include enhanced work in this area.</p>	
3.24	Smoking prevalence in pregnancy	Annual	5.1%	22/23	5.5%	<b>G</b>	<p>Most pregnant women who smoke are now being supported via the new maternity in-house tobacco dependency advisor service (via NHS Long Term Plan funding). The local stop smoking service continues to support pregnant women to quit smoking, but numbers are fewer. A national incentive quit scheme for pregnant women is due to be rolled out across the Country. Oxfordshire has submitted an expression of interest to be part of the scheme – outcome awaited.</p>	

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Targets set by local Public Health

Key

Supporting

		Frequency	Target	Reporting Period	Value	RAG	Commentary	Trend Chart
<b>3.3 Alcohol related harm</b>								
3.31	Alcohol only successful treatment completion and not requiring treatment again within 6 months	Quarterly	39.7%	Q2-24	60.0%	G	The latest performance remains significantly above the national average of 34.4%, and has increased again on last quarter. This is achieved through strong partnership and multi-agency working, extensive community-based engagement and outreach, providing holistic person-centred care, individualised goals, and supported by access to residential treatment where necessary.	
3.32	Alcohol treatment progress	Quarterly	55.4%	Q2-24	74.0%	G	The latest performance remains significantly above the national average of 51% and demonstrates delivery of the national and local strategic aims, which are ensuring people are supported through effective support, engagement and treatment.	
3.33	Admission episodes for alcohol-related conditions (Narrow) Rate / 100K *	Annual	490	22/23	347	G	Oxfordshire rates are below the south east average. There is significant ongoing partnership and multi-agency work to prevent the number of people drinking to hazardous levels, and significant investment and activity in community services to ensure people receive the support they require to prevent escalation of need. Other indicators demonstrate the positive impact of these services.	
3.34	Alcohol only numbers in structured treatment	Annual	810	23/24	987	G	In line with national strategic aims, extensive partnership work and outreach with those with health inequalities has supported the partnership to continue to increase the number of people in treatment over the last year, and rates of increase are above the England average. This demonstrates the impact of additional investment from central government linked to the national strategy.	

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Targets set by local Public Health

Key

Supporting

		Frequency	Target	Reporting Period	Value	RAG	Commentary	Trend Chart
<b>4 Physical activity and Active Travel</b>								
<b>4.1 Physical Activity</b>								
4.11	Percentage of physically inactive adults (Less than 30 minutes a week)	Annual	18.0%	Nov22-Nov23	20.6%	A	Efforts to increase physical activity across Oxfordshire adults are coordinated by Active Oxfordshire and supported across District, County and ICB, utilising a whole systems approach to physical activity. This takes an inequalities lens as per their Oxfordshire on the Move strategic approach. Programmes include upskilling professionals working with people who are least likely to be active, one to one and group support for individuals.	
4.12	Percentage of physically inactive children (less than a average of 30 minutes a day)	Annual	26.0%	Academic Yr 22-23	27.2%	G	Active Oxfordshire's strategy Oxfordshire on the Move has a commitment to support Oxfordshire children to become more active, learn to ride a bike and to swim. Other programmes across the County include a whole school approach to food and physical activity in targeted neighbourhoods and creating an active schools framework.	
4.13	Uptake of Move together	6 monthly	1000	Apr-Sep_24	2024	G	Move Together is jointly funded by public health and BOB ICB to support people with long term conditions (LTC). The target of an increase in 1000 steps per day, was surpassed, an average of 2042 steps per day being achieved across all participants meeting who engaged with the programme.	Reported for the first time. Chart not yet available
4.14	You move programmes	6 monthly	45.1%	Apr-Sep_24	52.0%	G	You Move, a physical activity programme delivered by Active Oxfordshire, jointly commissioned by public health and ICB, supports children and their Families meeting eligibility for free school meals, children in care, or some other vulnerable groups such as young carers. The programme delivers heavily subsidised or free physical activity. 52% of participants self-report an increase in physical activity via questionnaire.	Reported for the first time. Chart not yet available

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Targets set by local Public Health

Key  
Supporting

		Frequency	Target	Reporting Period	Value	RAG	Commentary	Trend Chart
<b>4.2 Active Travel</b>								
4.21	Active travel - percentage of adults walking/cycling for travel at least three days per week (age 16+)	Annual	59.0%	22/23 Nov	55.2%	A	Oxfordshire County Council's cycling and walking activation programme comprises a range of measures to enable people to cycle and walk more such as school streets, travel planning, led walks and bike libraries. These activities in conjunction to improvements to cycling and walking infrastructure seek to deliver an increase in active travel.	
<b>4.3 Mental Wellbeing</b>								
4.31	Self reported wellbeing: people with a low happiness score (16+) *	Annual	8.9%	22/23	5.8%	G	The Prevention Concordat for Better Mental Health Group have a shared action plan to support good mental wellbeing. Activities during this period include sharing key data and good practice to inform local initiatives, mental health awareness training for staff and volunteers and joint mental health campaigns. The group have recently developed a new shared action plan for 2024-27 with a focus on supporting resilience in communities	
4.32	Self reported wellbeing: people with a high anxiety score (16+) *	Annual	23.3%	22/23	18.1%	G	The Prevention Concordat for Better Mental Health Group have a shared action plan to support good mental wellbeing. Activities during this period include sharing key data and good practice to inform local initiatives, mental health awareness training for staff and volunteers and joint mental health campaigns. The group have recently developed a new shared action plan for 2024-27 with a focus on supporting resilience in communities	
4.33	The percentage of patients aged 18 and over with depression recorded on practice disease registers for the first time in the financial year. (NEW)	Annual		23/24	1.6%		The percentage of patients aged 18 and over with depression recorded on practice disease registers for the first time in the financial year has remained relatively stable over the past five years. The incidence in 2023/24 is 1.6% which is within the 2nd highest quintile in England. This indicator replaces the Adult patients recorded with a diagnosis of depression which has been retired.	
4.34	Emergency hospital admissions for intentional self-harm in all ages (Rate / 100k) *	Annual	126.3	22/23	91.9	G	<a href="#">For further insight, see the paper on Adult and Older Adult Mental Health in Oxfordshire which was presented at the Oxfordshire Joint Health Overview &amp; Scrutiny Committee on the 12th September 2024</a>	