**Priority: Healthy Place Shaping**

Use the checklists to note what YOU and YOUR ORGANISATION can do to contribute to this priority.
Priority: Preventing Cardiovascular Disease

Use the checklists to note what YOU and YOUR ORGANISATION can do to contribute to this priority.

Healthy Lifestyles
- Reduce the number of people who smoke
- Tobacco Control measures
- Promote Healthy Eating
- Reduce obesity
- Enable Active Travel
- Promote physical activity
- Reduce alcohol consumption
- 5 ways to Wellbeing
- Lifestyle advice for people with long term conditions e.g. Cardiovascular disease

Socio-economic factors / Built Environment
- Healthy Place Shaping
- Walking routes
- Safe cycle routes
- Clean air
- Warm homes
- Leisure and community facilities
- Green and Blue spaces

Health care and other services
- Making Every Contact Count
- Workplace wellbeing
- Social prescribing
- NHS Health Checks
- Weight management services
- Case finding for atrial fibrillation and high blood pressure
- Identifying high risk groups
- Alcohol Care Teams in hospitals
- Access to psychological therapies

Tackle Health Inequalities:
- Identify people or groups with poor outcomes and improve them
**Priority: Loneliness and Social Isolation**

Use the checklists to note what YOU and YOUR ORGANISATION can do to contribute to this priority.

### Healthy Lifestyles
- Making Every Contact Count
- Promote Physical Activity
- Promote 5 ways to Wellbeing
- Access to information on local initiatives
- Employer support to workforce to prepare for retirement

### Socio-economic factors / Built Environment
- Healthy Place Shaping
- Community activation
- Community asset based approaches
- Age Friendly communities
- Dementia Friendly communities
- Community Safety
- Co-production and community involvement
- Transport to help people be active and engaged

### Health care and other services
- Social prescribing
- Befriending services
- Vibrant, proactive and well supported voluntary and community organisations
- Volunteering opportunities
- Support for Carers
- Appropriate digital services
- Intergenerational work
- Helping people be independent at home
- Accident prevention at home / Safe & Well

**Tackle Health Inequalities:**
- Identify people or groups with poor outcomes and improve them