

**Priority: Healthy Place Shaping**

Use the checklists to note what YOU and YOUR ORGANISATION can do to contribute to this priority



Healthy Lifestyles

- Social prescribing
- Physical activity
- Health walks
- Safe cycling routes
- Cycle friendly employers
- Healthy schools
- Sports clubs
- Gardening & allotments
- Access to healthy food
- Access to lifelong learning and cultural engagement
- Licensing policy and practice
- Workplace wellbeing schemes



Socio-economic factors / Built Environment

- Green Spaces / waterways
- Community hubs
- Community development / activation
- Good quality, well-designed houses
- Pedestrian zones
- Clean air
- Age Friendly communities
- "Good work"
- Community Employment plans
- Workplace wellbeing
- Transport plans
- Industrial strategy
- Oxfordshire 2050 and Local Plans
- Safe Communities
- Reduce impact of noise
- Road safety



Health care and other services

- One Public Estate / co-location of services
- Neighbourhood models of service provision
- Voluntary sector capacity and investment
- Co-production and community involvement, building on community assets
- Care Closer to Home
- Personalised care
- Leisure and recreation services
- Community Centres
- Dementia Friendly services and communities
- Befriending services

**Tackle Health Inequalities:**

- Identify people or groups with poor outcomes and improve them ✓

**Priority: Preventing Cardiovascular Disease**

Use the checklists to note what YOU and YOUR ORGANISATION can do to contribute to this priority

**Healthy Lifestyles**

- Reduce the number of people who smoke
- Tobacco Control measures
- Promote Healthy Eating
- Reduce obesity
- Enable Active Travel
- Promote physical activity
- Reduce alcohol consumption
- 5 ways to Wellbeing
- Lifestyle advice for people with long term conditions e.g. Cardiovascular disease

**Socio-economic factors / Built Environment**

- Healthy Place Shaping
- Walking routes
- Safe cycle routes
- Clean air
- Warm homes
- Leisure and community facilities
- Green and Blue spaces

**Health care and other services**

- Making Every Contact Count
- Workplace wellbeing
- Social prescribing
- NHS Health Checks
- Weight management services
- Case finding for atrial fibrillation and high blood pressure
- Identifying high risk groups
- Alcohol Care Teams in hospitals
- Access to psychological therapies

**Tackle Health Inequalities:**

- Identify people or groups with poor outcomes and improve them ✓

**Priority: Loneliness and Social Isolation**

Use the checklists to note what YOU and YOUR ORGANISATION can do to contribute to this priority

Healthy Lifestyles

- Making Every Contact Count
- Promote Physical Activity
- Promote 5 ways to Wellbeing
- Access to information on local initiatives
- Employer support to workforce to prepare for retirement

Socio-economic factors / Built Environment

- Healthy Place Shaping
- Community activation
- Community asset based approaches
- Age Friendly communities
- Dementia Friendly communities
- Community Safety
- Co-production and community involvement
- Transport to help people be active and engaged

Health care and other services

- Social prescribing
- Befriending services
- Vibrant, proactive and well supported voluntary and community organisations
- Volunteering opportunities
- Support for Carers
- Appropriate digital services
- Intergenerational work
- Helping people be independent at home
- Accident prevention at home / Safe & Well

**Tackle Health Inequalities:**

- Identify people or groups with poor outcomes and improve them ✓