Donna Husband – Lead Commissioner, OCC

Emma Leaver – Service Director

Pauline Nicklin– Head of Service

Nicky Taylor – Operational Manager, Health Visiting

Angela Smith - Operational Manager, Health Visiting

Helen Lambourne – Family Nurse Partnership Supervisor

Margaret Fallon- Operational Manager, School Health Nursing
Best Start In Life – Public Health Nursing

- Oxfordshire County Council commissions
  - 0-5 service delivered by Health Visitors and Family Nurse Partnership
  - 5-19 service delivered by School Health and College Health Nurses
National Picture

Position Statement

Health Visiting and the NHS in the next 10 years

August 2018
Oxfordshire 0-5 Service 2017-18

142,047 contacts with families
73% pregnant mothers seen antenatally
7,173 births
99% new birth visits completed
97% babies seen at 6-8 weeks
182 families in the Family Nurse Partnership Programme
94% children seen at 1 year old
94% children seen at 2 years old
96% mothers received a maternal mood assessment
Oxfordshire 5-19 Service 2017-18

24,440 contacts with school aged children
1471 onward referrals

38,381 interventions in schools
25% liaison
20% mental health & wellbeing
18% safeguarding
18% sexual health

100% schools and colleges have a health improvement plan in place

1,528 contacts with young people

3,537 interventions in colleges
76% sexual health
14% mental health & wellbeing
Healthy Child Programme: The 4-5-6 approach for health visiting and school nursing

0–5 years
HEALTH VISITING

5–19 years
SCHOOL NURSING

Safeguarding

ACCESS
EXPERIENCE
OUTCOMES

HCP
HEALTHY CHILD PROGRAMME

VISIBLE
ACCESSIBLE
CONFIDENTIAL

6
HIGH IMPACT AREAS

Parenthood and early weeks
Maternal mental health
Breastfeeding
Healthy weight
Minor illness and accidents
Healthy 2 year olds and getting ready for school

5
HEALTH REVIEWS

Antenatal health promoting visit
New baby review
6-8 week assessment
1 year review
2-2½ year review

4
LEVELS OF SERVICE

Community
Universal Services
Universal Plus
Universal Partnership Plus

5
HEALTH REVIEWS

4-5 year old health needs assessment
10-11 year old health needs assessment
12-13 year old health needs assessment
School leavers – post 16
Transition to adult services

6
HIGH IMPACT AREAS

Resilience and wellbeing
Keeping safe
Healthy lifestyles
Maximising learning and achievement
Supporting complex and additional health and wellbeing needs
Transition

Healthy Child Programme: Pregnancy and the first five years of life
Healthy Child Programme: 5 to 19 years old
The workforce – Health Visiting

- Nursery Nurses
- Community Nurses
- HVs- Nurses with additional training at University - SCPHN
- Family Nurse Partnership Nurses
4 level service model for HV

- **Community**: work to support and develop local services and ensure clients know how to access them
- **Universal**: lead the delivery of the Healthy Child programme to families with children aged 0-5 years. We deliver a rolling health promotion programme and offer advice to support families to develop healthy relationships and attachments with their baby and child
- **Universal Plus**: provide additional support to families as episodes of care when a health need is identified e.g. support with post natal depression, infant feeding
- **Universal Partnership Plus**: working in partnership with family and other agencies to provide ongoing support to families with complex issues e.g. SEND, substance misuse, safeguarding concerns, LAC, teenage mothers. This level include the family Nurse Partnership
Family Nurse Partnership

- Offered to first time vulnerable teenage mothers.
- Licensed evidenced programme. Benefits children and families who have poorest outcomes. 9th year in Oxfordshire.
- "Oxfordshire remains one of the highest performing sites in the country" (FNP National Unit, 2018)
- April 2017-March 2018 worked with 608 Clients, Children, Fathers/Partners as Universal Partnership Plus.
- Intensive programme of up to 64 contacts over 2.5 years.
Health visitors work with families & communities to improve access, experience, outcomes and reduce health inequalities.

4 levels of service:
Your community
Universal
Universal plus
Universal partnership plus

5 universal health reviews*:
Antenatal
New baby
6 – 8 weeks
1 year
2 – 2 ½ years
*mandated for 18 months

6 high impact areas:
Transition to parenthood
Maternal mental health
Breastfeeding
Healthy weight
Managing minor illness & accident prevention
Healthy 2 year olds & school readiness

#healthvisiting
The Childs Journey

1. Antenatal health review using promotional guide and maternal mental health assessment
2. New Birth visit by 14 days of age and family health assessment
3. 6-8 week health review and maternal mental health assessment
4. 1 year developmental health review using ASQ and maternal mental health
5. 2-2.5 year developmental review using ASQ questionnaires, assessing school readiness and liaison with early years

- Well child clinic
- Breastfeeding support
- Early days group

Transfer in visit

Non face to face records health review at 5 years

Caring, safe and excellent
high impact areas:
Transition to parenthood
Maternal mental health
Breastfeeding
Healthy weight
Managing minor illness & accident prevention
Healthy 2 year olds & school readiness
0-5 delivery following changes to Children’s Centres

- **Maternal Mental Health** –
  - Perinatal Mental Health Specialist HV
  - Knowing me Knowing you Groups

- **Estates** –
  - Working with Community Initiatives
  - More home visiting

- **Establish new professional relationships** -
  - Children and Family centres
  - LCSS
  - Consistency of health promotion messages
  - Support for school readiness
Healthy Child Programme: The 4-5-6 approach for health visiting and school nursing

0–5 years
HEALTH VISITING

Safeguarding

ACCESS EXPERIENCE OUTCOMES

0–19

5–19 years
SCHOOL NURSING

Safeguarding

VISIBLE ACCESSIBLE CONFIDENTIAL

6 HIGH IMPACT AREAS

Parenthood and early weeks
Maternal mental health
Breastfeeding
Healthy weight
Minor illness and accidents
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5 HEALTH REVIEWS

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4 LEVELS OF SERVICE

Community
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Universal Plus
Universal Partnership Plus

5 HEALTH REVIEWS

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6 HIGH IMPACT AREAS

Resilience and wellbeing
Keeping safe
Healthy lifestyles
Maximising learning and achievement
Supporting complex and additional health and wellbeing needs
Transition
The Child’s Journey

- Primary School SHN Team
- SHN Based in every Secondary Schools
- College Nurses

- Health Needs Assessment
- Transition to Primary school/school readiness
- NCMP and follow-up

- Health Promotion and education sessions
- Transition to Secondary School

- 1:1 appointments and individual work
- Confidential Drop-ins, referrals and 1:1

- Transition to College and adult services
- College / adult services
The workforce - School Health Nursing

- SHN Support Workers
- Community Nurses
- SHNs- Nurses with additional training at University - SCPHN
- College Nurses
- SHN Assistants – New role being developed
### 5-11 Years Offer

- **Annual Health needs assessment** – CP, CIN, EHA & Young Carers
- **Promoting NSPCC ‘Pants’ rule and FGM**
- **Safety sessions** - Water, road, bike, sun, internet safety & accident prevention
- **Medical needs care-plan & EHCP**
- **LAC Health reviews**
- **Assessment of emotional health needs and referral to CAMHS**
- **Oral health promotion**
- **Hand hygiene**
- **Transition – pre-school liaising with HVs and offer of Health reviews**
- **NCMP reception & year 6**
- **Enuresis Groups**
- **Growing -up session**
- **School readiness groups**
- **A&E and hospital attendance follow-up**
- **Drop-ins for year 5 & 6 students in targeted schools**
- **NCMP whole school event**
- **Referrals- SALT, audiology**
11-19 Years Offer

Immunisations year 8 and 9

Smoking cessation

One to ones

Exam stress sessions

Transition to secondary school

Transition HA to college or leaving school

Education sessions – smoking, healthy lifestyles, risk taking sexual health

Drop-ins

Daily access

Sexual health and contraception offer and outreach

Leaving school preparation sessions

SAFEGUARDING
Caring, safe and excellent

School and Community

- Promote ‘Our Healthy Year’ resources to schools
- Collaborative Partnerships
- Social media
- LCSS
- Mental Health In-reach
- New Parent meeting
- Staff training for Anaphylaxis, asthma and epilepsy
- SHIPs and CHIPs
- Head Teacher and Senior Leadership meetings
- PSHE in Special Schools
- CASO
- Support to families
- PH initiatives, promotion and events – supported by PHPR
- SHN newsletters Termly parental newsletters, promoting healthy lifestyles

SAFEGUARDING
What they say:

**SHN:**
I have used the advice the school health nurse gave me and it has helped a little bit’

**FNP:**
“I’ve learnt a lot from having B (Nurse) support me! She’s being amazing and I don’t think I would of been able to do it without her. She has made me realise that the most important resource for my baby is ME and I think this service is very beneficial”. Client age 18

**FNP:**
“I just wanted to text u saying thank you for everything you have done, you and all the nurses are amazing and the whole service is brilliant. I don’t know where I would be without you.”

**HV:**
The health visitors have always been really helpful to me. Especially battling Postnatal Depression. (My HV), has been amazing. Couldn’t be happier with the work they do

**HV:**
"Overall a professional and caring service" IWGC for HV

**SHN:**
Words cannot express just how grateful we are for your involvement and support in our very difficult family situation. In our opinion you fulfilled your professional capacity perfectly in all areas and then also went above and beyond. We couldn't have asked you to do any more.