

## Oxfordshire Shadow Health and Wellbeing Board Detailed performance report

### OUTCOME MEASURE: 30,000 people invited for Health Checks for the first time in 2012-13

*NHS Health Checks are carried out in GP Practices. Individuals aged 40-75 are invited every 5 years. The check covers lifestyle factors such as obesity, exercise, smoking, blood cholesterol levels, diabetes and blood pressure. From April 2013 it will also include alcohol assessment.*

**Strategic Priority: 8 Preventing early death and improving quality of life in later years**

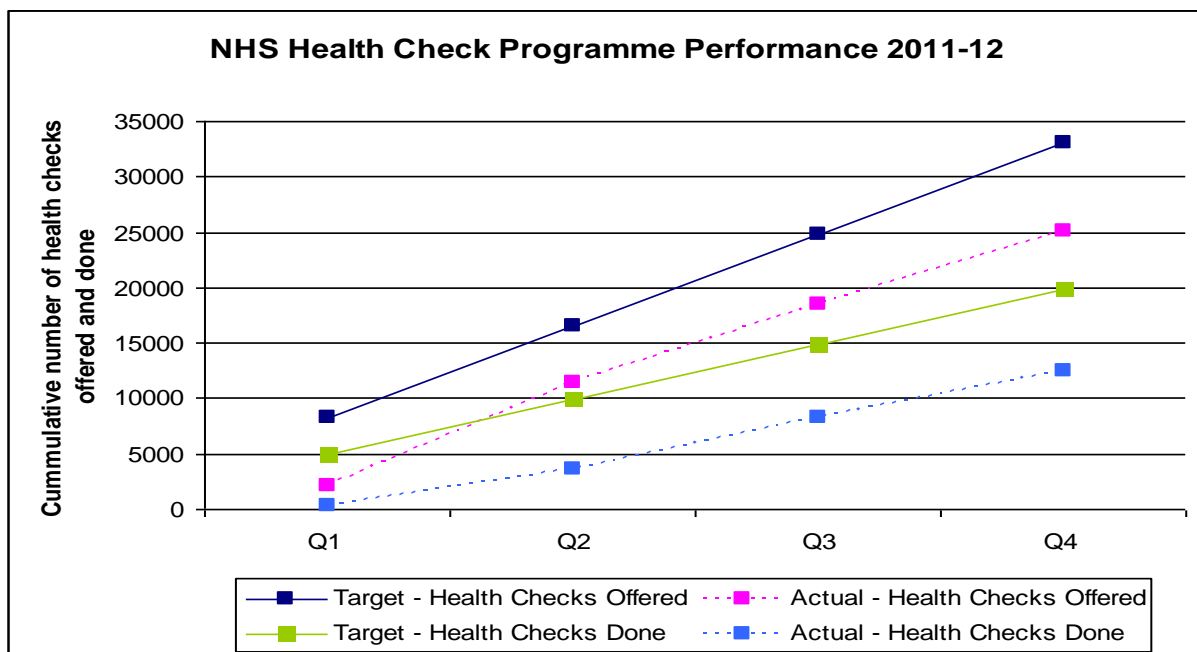
**Strategic Lead:** Paula Jackson, Locum Consultant – Public Health **Last updated:** June'12

**Current indicator RAG Rating**

Amber

### 2. Trend Data

This indicator is currently rated “amber” as the target set by the Strategic Health Authority was not met in 2011-12. This report sets out plans to recover this performance and meet the target for 2012-13



### 3. What is the story behind this trend? - Analysis of Performance

- In October 2010, the Department of Health stipulated that all PCTs should provide free NHS Health Checks to their local population.
- In Oxfordshire, the programme was commissioned by Public Health and launched in April 2011 through a locally enhanced service (LES) as an add-on to existing GP contracts.
- The programme was not fully operational until the end of quarter one in 2011. This was because of a delay in purchase of computer systems to identify and invite eligible patients.
- 76 out of 82 practices signed up to deliver the programme, however only 56 actually invited people to attend and delivered health checks in 2011-12. The key barriers were the availability of clinical staff and space within the practice.
- The performance, both for inviting and carrying out health checks, has progressively improved during the rest of 2011-12 but the target was still not met due to the slow implementation in quarter one.
- The local trajectory for health checks offered and given remained on track throughout the year (see the chart above). The proportion of people receiving a health check has now reached 49% which is significantly better than the national average of approx 35%
- The target is expected to be GREEN by the end of quarter one 2012.

#### 4. What is being done? - Current initiatives and actions

<b><u>Actions</u></b>	<b><u>Commentary</u></b>
<b>☒ Maximise coverage of the programme</b> (work with GPs and locality leads to maximise the number of practices signed up to deliver the health checks LES in 2012/13)	<ul style="list-style-type: none"> <li>• All 82 practices have now signed up to deliver the service (June'12)</li> <li>• Practical support and training is provided to practices to ensure the programme is implemented i.e. practices starting to invite patients for health check</li> </ul>
<b>☒ Awareness raising/publicity</b> Increase public awareness of the health checks programme through a local communication plan	<ul style="list-style-type: none"> <li>• Communication strategy ready</li> <li>• First press release out on June 15<sup>th</sup></li> <li>• Training session for GP practices – 25 practice staff attended training on June 22<sup>nd</sup></li> </ul>
<b>☒ Practical support to practices with low performance</b>	<ul style="list-style-type: none"> <li>• Offer practice visits to any practice who is experiencing practical issues with service delivery</li> </ul>

#### 5. What needs to be done now? - New initiatives and actions

<b>Action</b>	<b>By Whom &amp; By When</b>
<b>☒ Analyse data at practice level to identify practices with high uptake and share good practice providing tailored support to improve performance in low uptake practices</b>	Paula Jackson Nisha Sharma July 2012
<b>☒ Analyse outcome data and identify patient groups with low uptake rates and develop tailored plans to improve performance</b>	Paula Jackson Nisha Sharma July – Dec 2012
<b>☒ Continue to offer additional health check training to practice staff to enable the delivery of a high quality service, including individual practice sessions where necessary</b>	Nisha Sharma Sept – Feb 2012
<b>☒ Continue to increase public awareness of the health check programme through agreed communications strategy</b>	Jo Wilks Nisha Sharma Sept-March 2012
<b>☒ Continue to provide support and advice to practice with low performance, offer practice visits where necessary</b>	Nisha Sharma June-March 2012